



# TEACHING PHYSICAL EDUCATION

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A variety of tips and tricks for substituting a PE class at any level are shared, from getting prepared to engaging with students.

## SCAN THE QR CODE TO:



- WATCH THE VIDEO
- DOWNLOAD ADDITIONAL RESOURCES

## GRADE LEVEL:



<https://microlearning.ccee-ca.org>

## KEY STEPS

### 1

### REVIEW THE LESSON PLAN AND GET PREPARED FOR CLASS

- Know who to contact if there's an injury
- Visit the space
- Check the lesson plan for accommodations or health conditions

### 2

### TIPS FOR DURING CLASS

- Review prior learning
- Review the benefits of being active in PE

### 3

### 3 BIG IDEAS

- Physical education is a place of learning, just like every part of school
- Many of the same skills, methods, and strategies you use in other content areas also apply to teaching physical education
- You can be most effective when you encourage student improvement and effort towards improvement